

Guided by Cultural Advisors



Darlene Waterdancer - Metis Elder

Learn how your
mind and body
interact to improve
overall well-being.



Mental Health Care - Trauma and
Addictions

**Managed Care
Resource Corp.**



Contact us - We want to
join you on your journey!

1-877-477-8233. Ext. 1

April Carrier - Senior Consultant

Aprilcarrier@managedcareresource.co

m

www.managedcareresource.com



Stella Koostachin - Cree Elder

"When I help myself - I help my children
When I help my children - I help my family
When I help my family - I help my community
When I help my community- I help
myself" Author: April Carrier

Our Honoured Team & Yours



Ontario Wide Customize Your Care Traditional- Mainstream -Both



Robert Montgomery RP
**Indigenous
Supervision**
20+yrs Exp.



Julie Lamoureux-Rainville
**Indigenous RP
FNHIB**
18+ yrs exp.
Mainstream- Indigenous
Approachs



Barbara Allyn
Trauma Therapist 30 yrs.
Global Healing Practices -
Mainstream



Judy Mord **RP, MA**
22yrs. Exp. -
FNHIB -Mainstream



Rodney Bazinet **RSW, HBSW**
30+ yrs. exp.
FNHIB
Indigenous-
Mainstream Approches



Irene Adavastro
RSW, HBSW
15+yrs. exp.
Mainstream Approach



Michelle Lessard **RP, MA**
15 yrs. exp.
Mainstream Approach



Heather Koller
**Indigenous RSW
FNHIB** - 12 yrs. exp.
Indigenous - Mainstream



Thea Megas **BCACC, MA .**
15yrs. Exp.

Mainstream -
Indigenous Approch



Kirk Tasse, **RSW, BA**
15+ yrs. exp.
Mainstream - Indigenous
Approaches

Daily Life

When we learn how to walk in balance and harmony, Spiritually, Mentally, Emotinoally and Physically we begin living a life that is holistic, meaningful and most importantly healing that is sustainable.

Addiction and Mental Health often have underlining issues:

- Addictions
- Trauma
- Abuse - mentally, physically, sexually , emotional and generational
- Colonialism
- Sexual and Gender Issues
- Grief and Loss
- Anxiety
- Depression
- Concurrent Disorders: FASD, ADD, ADHD, OCD, ODD to name a few

**Our trained
professionals are
here for you. Book
a session with us
today.**

www.managedcareresource.com

1-877-477-8233 ext. 1
April Carrier - Indigenous Senior Consultant